ABOUT MYOPIA

If somebody is myopic, it means that they are short sighted and cannot see objects in the distance clearly.

We place great importance on myopia management, and with the latest technology in specialised lenses we can slow down the rate of change in vision.

This is fundamental as studies show that having myopia increases risk of developing sight threatening conditions later in life.

At Yorkshire Eyewear, we offer what we believe to be the highest standard of myopia management - with axial length measurements every visit, and a cycloplegic autorefraction at least once a year.

Did You Know?

One in two people will be myopic by 2050.



CONTACT

Scan to visit our website

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Slowing the rate of change of shortsightedness in children.

www.yorkshireeyewear.co.uk

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Myopia management should not be optional, but rather a new standard of practice.

Garrey Haase - Yorkshire Eyewear

Our Plan

We offer a Myopia Treatment Plan. which includes everything you need to ensure your child's eye health and vision is being looked after to the highest standard.



Our plan includes either contact lenses or spectacle lenses designed to slow down the progression of myopia. If your child is wearing glasses, they are entitled to two new sets of spectacle lenses a year, either clear and/or tinted.

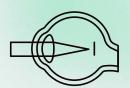
CLINICAL TESTS

Our plan includes regular eye examinations, with axial length measurements taken at every visit. According to the College of Optometrists, the only way to truly measure the effectiveness of the myopia treatment is to measure the axial length. Your child will also have a cycloplegic autorefraction at least once a year.

FRAME CHOICES

If your child wears spectacles, our plan includes a frame allowance towards two new frames a year. We have a fantastic range of children's frames for you to browse. Our award winning team will ensure the frame is suitable in size, with a correct fit and is comfortable for your child.

Myopia Risk **Factors**



Refractive Error

+0.75 or less at age 6-7 years indicates higher risk in the future



Age

Children under age 9 have a faster progression



Genetics

If one or both parents are myopic there is a higher risk



Ethnicity

Individuals of East Asian descent are at higher risk



Lifestyle Factors

Increased close vision tasks without frequent breaks and spending less than 1.5 hours per day outdoors increases myopia risk



Yorkshire Eyewear provides expert myopia management tailored to your child's needs.

We take axial length measurements at every visit to accurately monitor eye growth, and we offer clear visual representations so parents can easily track how their child's myopia is progressing.

Our plan includes two sets of lenses per year, ensuring your child always has up-todate vision correction. With one of our optometrists having completed advanced training in myopia management, you can trust that your child is receiving high-quality, specialist care every step of the way.

Treatment Options

At Yorkshire Eyewear, we give your child the option of using contact lenses or spectacle lenses to treat Myopia. You can view information about the treatments we provide by scanning the QR codes below.







Essilor Stellest Lenses

Coopervision Mi-Sight Lenses Mark'Ennovy Mylo Lenses